



Xtreme Non Contact Football Camp

Presented by KIDSPORTS & WVPW

When: July 27th – July 29th
Time: 10:00am to 2:30pm
Location: Eugene, Oregon
Ages: Grades 3rd – 8th
Cost: \$105.00

Camp Schedule

10:00-10:30	Registration
10:30-11:00	Introductions
11:05-11:20	Warm up
11:25-12:05	Speed and Agility Training
12:10- 12:40	Football Stations
12:45- 1:15	Off/Def Group Teaching
1:20- 1:50	ONE ON ONE
1:50- 2:25	7 ON 7

Director: Anthony Newman

A former Defensive Back at the University of Oregon and a Twelve year alumni of the NFL (Raiders, Rams and Saints). Anthony has been playing some role in the development of young athletes since his career ended. Anthony prides himself on assisting a young athlete gain a better feeling of self-worth, subsequently becoming a more motivated athlete.

General Info

Xtreme Sport Camps is offering a very educational and exciting football camp to young football players. This camp will work on the fundamentals which are the building blocks for great success on the field. Xtreme Football will teach your athlete to understand their stance and proper angles. We train young athletes "act and react" on the football field and spend less time thinking. Fundamentals are the key to a successful athlete. Your child will finish this program a better football player.

LINEMAN, LINEBACKERS AND DEFENSIVE BACKS: This camp is designed to give each athlete an opportunity to receive concentrated work in the areas of skill and coordinated movement. This will aid each athlete in developing the ability to perform at the peak of his potential. Not only are these the most unsung positions on the field, but they also contribute the most to the success or failure of every game.

QUARTERBACKS, WIDE RECEIVERS, RUNNING BACKS: These are the most skilled positions in football! They demand a great deal of discipline and correct repetition in perfecting the skill and techniques necessary to perform at these positions. In most cases, fall team practice cannot devote the individualized attention and concentration in these areas.

GUEST APPARENCES:

- **Mike Bellotti - Head Coach for the Oregon Ducks will visit the campers on Sunday**
- **Members of the Oregon Ducks Coaching staff will visit the campers on Saturday**
- **Former NFL and Ex-Oregon Duck Football players**

Please visit our website at www.xsportcamps.com to register or call Xtreme Sport Camps at (503) 206-8036 office, (503) 972-6070 for more information. When registering please look under Football for this camp

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